

Protecting Our Mind Part 4

Today's teaching focuses on a vital spiritual principle: "Protect our mind." As believers, God's Word provides clear instructions on how to safeguard our thoughts and align them with His will. Let us delve into His Word for guidance and practical application.

Key Scripture References:

1. Romans 12:2 (AMP)

"Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you]."

This verse emphasizes the importance of renewing our minds. To protect our thoughts, we must not conform to the patterns of this world but instead allow God's truth to transform us. A renewed mind enables us to discern and walk in God's perfect will.

2. 2 Corinthians 10:4-6 (KJV)

"For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; And having in a readiness to revenge all disobedience, when your obedience is fulfilled."

Here, we are reminded that spiritual battles are fought with divine weapons. We are called to destroy harmful thoughts and bring every idea into submission to Christ. This requires vigilance and preparation to resist disobedience.

Practical Steps for Protecting Our Mind:

1. Renew Your Mind (Romans 12:2):

Regularly immerse yourself in God's Word. Transformation occurs when we replace worldly thinking with divine truths.

2. Diligently Study God's Word (2 Timothy 2:15): (See AMP)

"Study and do your best to present yourself to God approved, a workman [tested by trial] who has no reason to be ashamed, accurately handling and skillfully teaching the word of truth."

Through diligent study, we learn to rightly divide the Word of God, equipping ourselves with wisdom and discernment.

3. Apply God's Word (James 1:22):

—“But be doers of the word, and not hearers only, deceiving yourselves.”—

It is not enough to hear or study Scripture; we must actively apply it in our lives. Obedience solidifies truth in our hearts and minds.

4. Take Every Thought Captive (2 Corinthians 10:5):

When negative or harmful thoughts arise, identify them and determine if they align with God's truth. If they do not, reject them and replace them with Scripture.

Personal Practice:

In my own life, I have developed a habit of filtering my thoughts through a spiritual lens. Over time, this practice has become second nature due to consistent diligence. When a thought enters my mind, I immediately assess whether it aligns with God's Word. If it does not, I bring it into captivity and demolish it through prayer, delegated authority, and Scripture.

Encouragement:

As we apply these principles, we will experience victory in our minds. Protecting our thoughts requires intentionality, discipline, and reliance on God's power. Let us commit to renewing our minds daily, studying His Word diligently, applying it faithfully, and taking **every thought** captive to Christ.

May God grant us the strength and wisdom to guard our minds and live according to His perfect will.

Thank you for your availability to learn God's word, protect your thought life, stay out of trouble, and **regrets**.

[Click here.](#) Original Source.

[Click here.](#) Hope Part 5 "Regrets! New Account! Happiness!"

[Click here.](#) (WPF #87) Encouragement for believers holding regrets!